



InterQual<sup>®</sup> Child and Adolescent Psychiatry Criteria

## InterQual<sup>®</sup> 2024 March Release Clinical Revisions

Release date: March 22, 2024

### Revisions sections

The following sections describe the criteria revisions for this release.

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## Revisions to criteria

 <b>Revision Summary</b>	<p>We updated our eating disorder due to publication of the American Psychiatric Association (APA) “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023.</p> <p>Hover functionality was added to select criteria.</p>
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### Inpatient

Episode Day 1		
Location	Revision	Rationale
Eating disorder symptom unstable Unstable medical or acute feeding complication of eating disorder	Added “Blood glucose less than 60 mg/dL”	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023.
Eating disorder symptom unstable Unstable medical or acute feeding complication of eating disorder Blood pressure	Removed subcriteria: <ul style="list-style-type: none"> <li>• “Diastolic blood pressure less than 50 mmHg”</li> <li>• “Systolic blood pressure less than 80 mmHg”</li> </ul> Added subcriteria: <ul style="list-style-type: none"> <li>• “Diastolic blood pressure less than 45 mmHg”</li> <li>• “Systolic blood pressure less than 90 mmHg”</li> </ul>	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023.
Eating disorder symptom unstable Unstable medical or acute feeding complication of eating disorder	Removed “ECG abnormalities” Added “QTc greater than 450 milliseconds”	Updated to reflect the APA “Guideline for the Treatment of Eating Disorders, Fourth Edition,” 2023.
Eating disorder symptom unstable Unstable medical or acute feeding complication of eating disorder Electrolyte imbalance	Removed “Phosphate 1.0-2.0 mg/dL (0.32-0.65 mmol/L)”  Added “Phosphate 1.0-1.4 mg/dL (0.32-0.45 mmol/L)”	Updated to maintain consistency with acute medical criteria. A phosphate level of greater than 1.4 mg/dL does not routinely require inpatient treatment.

Episode Day 1		
Location	Revision	Rationale
Eating disorder symptom unstable Unstable medical or acute feeding complication of eating disorder	Removed "Heart rate sustained," and subcriteria: <ul style="list-style-type: none"> <li>"Less than 50 per minute daytime"</li> <li>"Less than 45 per minute at night"</li> </ul> Added "Heart rate less than 50 per minute, sustained"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Eating disorder symptom unstable Unstable medical or acute feeding complication of eating disorder	Removed "Orthostatic changes in heart rate greater than 20 per minute"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
	Added "Orthostatic changes in heart rate greater than 40 per minute"	
Eating disorder symptom unstable Unstable medical or acute feeding complication of eating disorder	Removed "Temperature less than 96°F (35.6 °C) PO"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
	Added "Temperature less than 96.8°F (36°C) PO"	
Eating disorder symptom unstable Unstable medical or acute feeding complication of eating disorder	Removed "Tonic-clonic seizures"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
	Added "Seizure"	
Eating disorder symptom unstable Weight	Removed: <ul style="list-style-type: none"> <li>"75% (0.75) or less of ideal body weight"</li> <li>"BMI below 10th percentile"</li> <li>"Weight loss at least 15% (0.15) in last 2 months"</li> </ul> Added: <ul style="list-style-type: none"> <li>"Weight below 75% (0.75) of median BMI for age and sex"</li> <li>"Weight loss greater than 10% (0.10) in last 6 months or greater than 20% (0.20) in the last year"</li> </ul>	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Nonsuicidal self-injury within last 6 hours and continued danger to self	Removed "Nonsuicidal self-injury within last 6 hours and continued danger to self"	Updated to focus on risk of harm versus time frame.
	Added "Nonsuicidal self-injury and continued danger to self"	
Suicide Ideation and high risk of attempt	Added "Depression symptom severe"	Updated because severe depression is a risk factor for death by suicide.

Episode Day 1		
Location	Revision	Rationale
Suicide Ideation and high risk of attempt	Changed "Family history of attempts or completion" to "Family history of suicide attempts or death by suicide"	Updated to align with American Psychological Association (APA) recommended verbiage.
Suicide Ideation and high risk of attempt	Added "History of trauma"	Updated because a history of trauma is a risk factor for death by suicide in children and adolescents.
Suicide Ideation and high risk of attempt	Removed "Physical altercation within last 24 hours" Added "Recent aggressive behavior"	Updated to increase clarification and to focus on risk of harm versus time frame.
Episode Day 2-13		
Location	Revision	Rationale
Symptom improving or expected to improve or not clinically stable for discharge Co-occurring medical instability and psychiatric symptoms exacerbated Medical intervention with last 24 hours	Removed "IV fluids" and all subcriteria: <ul style="list-style-type: none"> <li>"At least 40mL/24h and weight at least 10 kg up to 25 kg"</li> <li>"At least 30mL/24h and weight at least 25 kg up to 60 kg"</li> <li>"At least 75 mL/h and weight more than 60 kg"</li> </ul> Added "IV fluid"	Updated to maintain consistency with acute medical criteria.
Symptom improving or expected to improve and not clinically stable for discharge Co-occurring medical instability and psychiatric symptoms exacerbated Medical intervention within last 24 hours Refusal or unable to eat independently	Removed "Nasogastric or parenteral feedings" Added "Tube feeding"	Parenteral feedings require intensive medical monitoring.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Added "Blood glucose less than 60 mg/dL"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.

Episode Day 2-13		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication Blood pressure	Removed subcriteria: <ul style="list-style-type: none"> <li>“Diastolic blood pressure less than 50 mmHg”</li> <li>“Systolic blood pressure less than 80 mmHg”</li> </ul> Added subcriteria: <ul style="list-style-type: none"> <li>“Diastolic blood pressure less than 45 mmHg”</li> <li>“Systolic blood pressure less than 90 mmHg”</li> </ul>	Updated to reflect the APA “Guideline for the Treatment of Eating Disorders, Fourth Edition,” 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed “ECG abnormalities” Added “QTc greater than 450 milliseconds”	Updated to reflect the APA “Guideline for the Treatment of Eating Disorders, Fourth Edition,” 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication Electrolyte imbalance	Removed “Phosphate 1.0-2.0 mg/dL (0.32-0.65 mmol/L)”  Added “Phosphate 1.0-1.4 mg/dL (0.32-0.45 mmol/L)”	Updated to maintain consistency with acute medical criteria. A phosphate level of greater than 1.4 mg/dL does not routinely require inpatient treatment.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed “Heart rate sustained,” and subcriteria: <ul style="list-style-type: none"> <li>“Less than 50 per minute daytime”</li> <li>“Less than 45 per minute at night”</li> </ul> Added “Heart rate less than 50 per minute, sustained”	Updated to reflect the APA “Guideline for the Treatment of Eating Disorders, Fourth Edition,” 2023.

Episode Day 2-13		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Ileus or diarrhea"	Removed as it was not included as an indication for inpatient care in the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Orthostatic changes in heart rate greater than 20 per minute"  Added "Orthostatic changes in heart rate greater than 40 per minute"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Temperature less than 96°F (35.6 °C) PO"  Added "Temperature less than 96.8°F (36°C) PO"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Tonic-clonic seizures"  Added "Seizure"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.

Episode Day 2-13		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication Unable to achieve prescribed weight	Added "Weight below 75% of median BMI for age and sex"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Weight" and all subcriteria: <ul style="list-style-type: none"> <li>"75% (0.75) or less of ideal body weight"</li> <li>"BMI below 10th percentile"</li> </ul>	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours	Removed "Fire set on unit or attempted within last 48 hours" Added "Fire set on unit of attempted recently and high risk of re-occurrence"	Updated to focus of risk of harm versus time frame.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Homicide	Removed "Attempt within last 48 hours" Added "Recent attempt and high risk of re-occurrence"	Updated to focus of risk of harm versus time frame.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Suicide	Removed "Attempt within last 72 hours" Added "Recent attempt and high risk of re-occurrence"	Updated to focus of risk of harm versus time frame.

Episode Day 2-13		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Intervention within last 24 hours Eating disorder specific treatment Interventions	Added "Blood glucose monitoring"	Evidence support that a child or adolescent with an eating disorder may require blood glucose monitoring during an inpatient hospital admission.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Intervention within last 24 hours Eating disorder specific treatment Interventions	Removed "Nasogastric or parenteral feedings" Added "Tube feeding"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023. Parenteral feedings require intensive medical monitoring.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Intervention within last 24 hours Eating disorder specific treatment Interventions	Removed "Vital signs at least every 4 hours for medical instability"	This is standard of care at the inpatient level of care.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Intervention within last 24 hours Eating disorder specific treatment Interventions IV fluid	Removed all subcriteria: <ul style="list-style-type: none"> <li>"At least 40mL/24h and weight at least 10 kg up to 25 kg"</li> <li>"At least 30mL/24h and weight at least 25 kg up to 60 kg"</li> <li>"At least 75 mL/h and weight more than 60 kg"</li> </ul>	Updated to maintain consistency with acute medical criteria.



Episode Day 2-13		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Intervention within last 24 hours IV fluid and diagnosis other than eating disorder	Removed subcriteria: <ul style="list-style-type: none"> <li>“At least 40mL/kg/24h and weight at least 10 kg up to 25 kg”</li> <li>“At least 30mL/kg/24h and weight at least 25 kg up to 60 kg”</li> <li>“At least 75 mL/h and weight more than 60 kg”</li> </ul>	Updated to maintain consistency with acute medical criteria.
Episode Day 14-X		
Location	Revision	Rationale
Symptom improving or expected to improve or not clinically stable for discharge Co-occurring medical instability and psychiatric symptoms exacerbated Medical intervention within last 24 hours	Removed “IV fluids” and all subcriteria: <ul style="list-style-type: none"> <li>“At least 40mL/24h and weight at least 10 kg up to 25 kg”</li> <li>“At least 30mL/24h and weight at least 25 kg up to 60 kg”</li> <li>“At least 75 mL/h and weight more than 60 kg”</li> </ul> Added “IV fluid”	Updated to maintain consistency with acute medical criteria.
Symptom improving or expected to improve and not clinically stable for discharge Co-occurring medical instability and psychiatric symptoms exacerbated Medical intervention within last 24 hours Refusal or unable to eat independently	Removed “Nasogastric or parenteral feedings” Added “Tube feeding”	Updated to reflect the APA “Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition,” 2023. Parenteral feedings require intensive medical monitoring.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Added: “Blood glucose less than 60mg/dL”	Updated to reflect the APA “Guideline for the Treatment of Eating Disorders, Fourth Edition,” 2023.

Episode Day 14-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication Blood pressure	Removed subcriteria: <ul style="list-style-type: none"> <li>“Diastolic blood pressure less than 50 mmHg”</li> <li>“Systolic blood pressure less than 80 mmHg”</li> </ul> Added subcriteria: <ul style="list-style-type: none"> <li>“Diastolic blood pressure less than 45 mmHg”</li> </ul> “Systolic blood pressure less than 90 mmHg”	Updated to reflect the APA “Guideline for the Treatment of Eating Disorders, Fourth Edition,” 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed “ECG abnormalities” Added “QTc greater than 450 milliseconds”	Updated to reflect the APA “Guideline for the Treatment of Eating Disorders, Fourth Edition,” 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication Electrolyte imbalance	Removed “Phosphate 1.0-2.0 mg/dL (0.32-0.65 mmol/L)”  Added “Phosphate 1.0-1.4 mg/dL (0.32-0.45 mmol/L)”	Updated to maintain consistency with acute medical criteria. A phosphate level of greater than 1.4 mg/dL does not routinely require inpatient treatment.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed “Heart rate sustained,” and subcriteria: <ul style="list-style-type: none"> <li>“Less than 50 per minute daytime”</li> <li>“Less than 45 per minute at night”</li> </ul> Added “Heart rate less than 50 per minute, sustained”	Updated to reflect the APA “Guideline for the Treatment of Eating Disorders, Fourth Edition,” 2023.

Episode Day 14-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Ileus or diarrhea"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Orthostatic changes in heart rate greater than 20 per minute"  Added "Orthostatic changes in heart rate greater than 40 per minute"	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Temperature less than 96°F (35.6 °C) PO"  Added "Temperature less than 96.8°F (36°C) PO"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Tonic-clonic seizures"  Added "Seizure"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.

Episode Day 14-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication Unable to achieve prescribed weight	Added "Weight below 75% of median BMI for age and sex"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Eating disorder symptom or treatment complication	Removed "Weight" and all subcriteria: <ul style="list-style-type: none"> <li>"75% (0.75) or less of ideal body weight"</li> <li>"BMI below 10th percentile"</li> </ul>	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours	Removed "Fire set on unit or attempted within last 48 hours" Added "Fire set on unit or attempted recently and high risk of re-occurrence"	Updated to focus of risk of harm versus time frame.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Homicide	Removed "Attempt within last 48 hours" Added "Recent attempt and high risk of re-occurrence"	Updated to focus of risk of harm versus time frame.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Finding present within last 24 hours Suicide	Removed "Attempt within last 72 hour" Added "Recent attempt and high risk of re-occurrence"	Updated to focus of risk of harm versus time frame.

Episode Day 14-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Intervention within last 24 hours Eating disorder specific treatment Interventions	Added "Blood glucose monitoring"	Evidence supports that a child or adolescent with an eating disorder may require blood glucose monitoring during an inpatient hospital admission.
Symptom improving or expected to improve or not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Intervention within last 24 hours Eating disorder specific treatment Interventions IV fluid	Removed all subcriteria: <ul style="list-style-type: none"> <li>• "At least 40mL/24h and weight at least 10 kg up to 25 kg"</li> <li>• "At least 30mL/24h and weight at least 25 kg up to 60 kg"</li> <li>• "At least 75 mL/h and weight more than 60 kg"</li> </ul>	Update to maintain consistency with acute medical criteria.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Intervention within last 24 hours Eating disorder specific treatment Interventions	Removed "Nasogastric or parenteral feedings" Added "Tube feeding "	Updated to reflect the APA "Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition," 2023. Parenteral feedings require intensive medical monitoring.
Symptom improving or expected to improve and not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Intervention within last 24 hours Eating disorder specific treatment Interventions	Removed "Vital signs at least every 4 hours for medical instability"	This is standard of care at the inpatient level of care.

Episode Day 14-X		
Location	Revision	Rationale
Symptom improving or expected to improve or not clinically stable for discharge Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Intervention within last 24 hours IV fluid and diagnosis other than eating disorder	Removed all subcriteria: <ul style="list-style-type: none"> <li>“At least 40mL/24h and weight at least 10 kg up to 25 kg”</li> <li>“At least 30mL/24h and weight at least 25 kg up to 60 kg”</li> <li>“At least 75 mL/h and weight more than 60 kg”</li> </ul>	Update to maintain consistency with acute medical criteria.

## Residential Crisis Program

Episode Day 1		
Location	Revision	Rationale
Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Endangering behavior	Removed “Serious rule violation with risk of harm to self or others”	Removed as there is no universal definition of serious rule violation.
Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Functional impairment severe	Removed “Functional impairment severe” and all subcriteria: <ul style="list-style-type: none"> <li>“Incapable of self-preservation”</li> <li>“Unable or unwilling to follow instructions or negotiate needs”</li> </ul> Added “Functional impairment severe and unable or unwilling to follow instructions or negotiate needs”	Updated due to removal of subcriteria and to clarify functional impairment
Serious emotional disturbance or autism spectrum disorder or intellectual developmental disorder Suicidal ideation and risk of attempt	Changed “Family history of attempts or completion” to “Family history of suicide attempts or death by suicide”	Updated to align with American Psychological Association (APA) recommended verbiage.

Episode Day 2-9		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge  Functioning within the last 48 hours and change in baseline within last month	Removed “Incapable of self-preservation”	Removed due to lack of supportive literature for adolescents and children.

Episode Day 10-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge  Functioning within the last 24 hours and change in baseline within last week	Removed “Incapable of self-preservation”	Removed due to lack of supportive literature for adolescents and children.

## Subacute Care

Episode Day 1		
Location	Revision	Rationale
Symptom persistent or repetitive over at least 6 months  Inconsistent ability to maintain behavioral control and responsive to staff interventions	Removed all subcriteria	Restructured for ease of use.

## Residential Treatment Center

Admission, Week 1		
Location	Revision	Rationale
Eating disorder symptom severe and unable to be managed at less intensive level of care Symptom	Removed "Recent and continuing weight loss and current weight more than 75% (0.75) but less than or equal to 80% (0.80) IBW"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Episode Week 2		
Location	Revision	Rationale
Symptom within last week Eating Disorder Symptom Unachieved prescribed weight or behaviors to prevent weight gain	Removed "Weight loss and weight more than 75% (0.75) but less than or equal to 80% (0.80) IBW"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Episode Week 3-X		
Location	Revision	Rationale
Symptom within last week Eating Disorder Symptom Unachieved prescribed weight or behaviors to prevent weight gain	Removed "Weight loss and weight more than 75% (0.75) but less than or equal to 80% (0.80) IBW"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.



## Partial Hospital Program

Admission, Week 1		
Location	Revision	Rationale
Symptom within last week Delinquent behavior	Removed "Delinquent behavior" and all subcriteria Added "Persistent delinquent behavior"	Clarifies criteria point to align with definition of "delinquent behavior" as a persistent issue.
Symptom within last week Hypomania	Removed "Hypomania" and all subcriteria Added "Hypomanic symptom"	Restructured for ease of use.
Symptom within last week	Remove "Serious rule violations with risk of harm to self or others"	Removed as there is no universal definition of serious rule violation.
Episode Week 2		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Clinical finding within last week	Removed "Delinquent behavior" and all subcriteria Added "Persistent delinquent behavior"	Clarifies criteria point to align with definition of "delinquent behavior" as a persistent issue.
Symptom improving or expected to improve and not clinically stable for discharge Clinical finding within last week Eating disorder	Removed "Weight loss and weight greater 75% (0.75) but less than or equal to 85% (0.85) ideal body weight" Added "Weight gain of less than 1 lb (0.45 kg) per week and consuming prescribed calories for therapeutic weight gain"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Hypomania and associated symptom" and all subcriteria  Added "Hypomanic symptom"	Restructured for ease of use.
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Serious rule violation with risk of harm to self or others"	Removed as there is no universal definition of serious rule violation.

Episode Week 3-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Delinquent behavior	Removed "Delinquent behavior" and all subcriteria Added "Persistent delinquent behavior"	Clarifies criteria point to align with definition of "delinquent behavior" as a persistent issue.
Symptom improving or expected to improve and not clinically stable for discharge Eating disorder	Removed "Weight loss and weight greater 75% (0.75) but less than or equal to 85% (0.85) ideal body weight"  Added "Weight gain of less than 1 lb per week and consuming prescribed calories for therapeutic weight gain"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Hypomania and associated symptom" and all subcriteria Added "Hypomanic symptom"	Restructured for ease of use.
Symptom improving or expected to improve and not clinically stable for discharge	Removed "Serious rule violation with risk of harm to self or others"	Removed as there is no universal definition of serious rule violation.

## Intensive Community-Based Treatment

Admission, Week 1		
Location	Revision	Rationale
Persistent and severe functional impairment	Removed all subcriteria	Restructured for ease of use.

Admission, Week 1		
Location	Revision	Rationale
Symptom unable to be managed in less intensive services Persistent and present for at least 6 months	Removed subcriteria: <ul style="list-style-type: none"> <li>• "Assaultive"</li> <li>• "Cruelty to animals"</li> <li>• "Destruction of property"</li> <li>• "Impairing emotional outbursts"</li> <li>• "Poor impulse control"</li> <li>• "Repeated runaway for more than 24 hours and places self in dangerous situations"</li> <li>• "Risk taking behavior"</li> <li>• "Threatening"</li> </ul> Added subcriteria "Disruptive behavior"	Restructured to decrease redundancy.

## Intensive Outpatient Program

Admission, Week 1		
Location	Revision	Rationale
Symptom within last week and interfering with daily functioning Depressive disorder or major depressive episode and associated symptom	Removed all subcriteria	Restructured to decrease redundancy.
Symptom within last week and interfering with daily functioning Disruptive or impulse-control or conduct disorder and associated symptom	Removed all subcriteria	Restructured for ease of use.
Symptom within last week and interfering with daily functioning Psychotic symptom	Removed all subcriteria	Restructured for ease of use.
Symptom within last week and interfering with daily functioning	Removed "Serious rule violations with risk of harm to self or others"	Removed as there is no universal definition of serious rule violation.

Episode Week 2-3		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Finding present within last week Symptom Depressive disorder or major depressive episode and associated symptoms	Removed all subcriteria	Restructured for ease of use.
Symptom improving or expected to improve and not clinically stable for discharge Finding present within last week Disruptive or impulse-control or conduct disorder or associated symptom	Removed all subcriteria	Restructured for ease of use.
Symptom improving or expected to improve and not clinically stable for discharge Finding present within last week Eating disorder	Removed "Weight loss and weight greater than 85% (0.85) IBW"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Finding present within last week Symptom Psychotic symptom	Removed all subcriteria	Streamlines the criteria. Subcriteria was removed to reflect current evidence base and clinical practice standards. "Psychotic symptom" supports continued stay at the Intensive Outpatient level of care and the subcriteria are not needed.
Symptom improving or expected to improve and not clinically stable for discharge Finding present within last week Symptom	Removed "Serious rule violations with risk of harm to self or others"	Removed as there is no universal definition of serious rule violation.

Episode Week 4-X		
Location	Revision	Rationale
Symptom improving or expected to improve and not clinically stable for discharge Finding present within last week Symptom Depressive disorder or major depressive episode and associated symptom	Removed all subcriteria	Restructured for ease of use.
Symptom improving or expected to improve and not clinically stable for discharge Finding present within last week Disruptive or impulse-control or conduct disorder or associated symptom	Removed all subcriteria	Restructured for ease of use.
Symptom improving or expected to improve and not clinically stable for discharge Finding present within last week Eating disorder	Removed "Weight loss and weight greater than 85% (0.85) IBW"	Updated to reflect the APA "Guideline for the Treatment of Eating Disorders, Fourth Edition," 2023.
Symptom improving or expected to improve and not clinically stable for discharge Finding present within last week Symptom Psychotic symptom	Removed all subcriteria	Restructured for ease of use.
Symptom improving or expected to improve and not clinically stable for discharge Finding present within last week Symptom	Removed "Serious rule violations with risk of harm to self or others"	Removed as there is no universal definition of serious rule violation.

## Outpatient

Episode Week 2-X		
Location	Revision	Rationale
<p>Symptom improving or expected to improve and not clinically stable for discharge</p> <p>Finding present within last 5 authorized visits</p> <p>Symptom</p> <p>New presentation or increasing or uncontrolled</p> <p>Disruptive or impulse-control or conduct disorder and associated symptom</p>	Removed all subcriteria	Restructured for ease of use.
<p>Symptom improving or expected to improve and not clinically stable for discharge</p> <p>Finding present within last 5 authorized visits</p> <p>Symptom stabilized or resolved by patient or parent report or standardized instrument</p> <p>1 or fewer visits per month planned for psychotherapy</p>	Removed all subcriteria	Restructured for ease of use.

# Review and Incorporation of Recent Medical Literature

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## Additional Resources

### InterQual® Resource Center

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The Resource Center provides access to:

- What's New—Includes release highlights for each of the InterQual® Criteria modules included in a content release.
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- Clinical Resources—Includes information such as the Knowledge Articles, the Known Issues List, and more.
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- Additional Resources—Includes access to resources such as Customer Care Hub, the InterQual® Learning Source, and Download Connect.

### Accessing Customer Care Hub

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To obtain a user ID and password, from the Customer Care Hub Welcome page, select Request Account.

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**Edinburgh Postnatal depression scale:** Cox, J.L., Holden, J.M., and Sagovsky, R. 1987. Detection of postnatal depression: Development of the 10-item Edinburgh Postnatal Depression Scale. British Journal of Psychiatry 150:782-786 .K. L. Wisner, B. L. Parry, C. M. Piontek, Postpartum Depression N Engl J Med vol. 347, No 3, July 18, 2002, 194-199

*Katz Index of Independence in Activities of Daily Living Scale:* Katz, S., Downs, T. D., Cash, H. R., & Grotz, R. C. (1970). "Progress in Development of the Index of ADL." *The Gerontologist*, Vol. 10 (1 Part 1), 20-30. Reproduced with permission.

*Lawton Brody Instrumental Activities of Daily Living Scale:* Lawton, M. P. & Brody, E. M. (1969). "Assessment of Older People: Self-maintaining and Instrumental Activities of Daily Living." *The Gerontologist*, Vol. 9 (3 Part 1), 179-186. Reproduced with permission.

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*Two Item Conjoint Screen (TICS):* Brown, R. L., Leonard, T., Saunders, L. A. & Pappasoulotis, O. (2001). A two-item conjoint screen for alcohol and other drug problems. *J Am Board Fam Pract*, 14, 95-106. Reproduced with permission.

*Generalized Anxiety Disorder Screen (GAD-7):* "A brief measure for assessing generalized anxiety disorder: the GAD-7". Spitzer RL, Kroenke K, Williams JB, Löwe B. *Arch Intern Med*. 2006 May 22; 166(10):1092-7. Doi:10.1001/archinte/166/10/1092. PMID: 16717171. Reproduced with permission.

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Third Party	Link to Calculator
Merck Manual - MD Calc	<a href="https://www.merckmanuals.com/medical-calculators/CommunityAcqPneumonia-ja.htm">https://www.merckmanuals.com/medical-calculators/CommunityAcqPneumonia-ja.htm</a>
Social Security Actuarial Life Table (I)	<a href="https://www.ssa.gov/oact/STATS/table4c6.html">https://www.ssa.gov/oact/STATS/table4c6.html</a>
Fracture Risk Assessment Tool (FRAX)	<a href="https://www.sheffield.ac.uk/TBS/">https://www.sheffield.ac.uk/TBS/</a>
Breast Cancer Risk Assessment Tool	<a href="https://bcrisktool.cancer.gov/">https://bcrisktool.cancer.gov/</a>
BRCAPRO	<a href="https://projects.iq.harvard.edu/bayesmendel/brcapro">https://projects.iq.harvard.edu/bayesmendel/brcapro</a>

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Third Party	Link to Calculator
CanRisk (BOADICEA)	<a href="https://canrisk.org/about/">https://canrisk.org/about/</a>
UNC	<a href="https://www.med.unc.edu/mfm/nips-calc">https://www.med.unc.edu/mfm/nips-calc</a>
Marfan Foundation	<a href="http://www.marfan.org/dx/zscore">http://www.marfan.org/dx/zscore</a>
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